



Republic of the Philippines  
Department of Education  
Region VII, Central Visayas  
**DIVISION OF CEBU PROVINCE**  
IPHO Bldg., Sudlon, Lahug, Cebu City



March 14, 2014

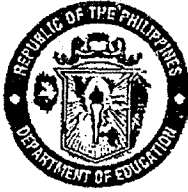
**DIVISION MEMORANDUM**  
No. 140 s. 2014

**2014 NATIONAL CONGRESS AND TRAINING ON PHYSICAL EDUCATION,  
HEALTH, MUSIC, ART, DANCE AND SPORTS**

To: OIC, Assistant Superintendents  
Division Supervisors/Coordinators  
Elementary and Secondary School Heads  
Heads, Private Elementary and Secondary Schools

1. Attached is Regional Memorandum, informing the field of the letter from Dr. Lito T. Ancheta, President/Training Director, National Association of Physical Education on the upcoming **2014 National Congress and Training on Physical Education, Health, Music, Art, Dance and Sports** on April 21-23, 2014, Monday-Wednesday at Ninoy Aquino Stadium Rizal Memorial Sports Complex, P. Ocampo (Vito Cruz) St., Malate, Manila.
2. The participants to this activity are PE professors/instructors, Principals/School Heads, MSEP/MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiasts.
3. For other details, please refer to the attached communication for the guidance of all concerned.
4. Widest dissemination of this Memorandum is desired.

  
**ARDEN D. MONISIT, Ed. D.**  
Schools Division Superintendent



REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
KAGAWARAN NG EDUKASYON  
DEPARTMENT OF EDUCATION  
REHIYON VII, GITNANG VISAYAS  
REGION VII, CENTRAL VISAYAS  
Sudlon, Labug, Cebu City



MEMORANDUM

TO : **SCHOOLS DIVISION SUPERINTENDENTS  
OFFICERS-IN-CHARGE OF SCHOOLS DIVISIONS**

FROM : **CARMELITA T. DULANGON**

SUBJECT : **2014 NATIONAL CONGRESS AND TRAINING ON PHYSICAL  
EDUCATION, HEALTH, MUSIC, ART, DANCE, AND SPORTS**

DATE : **MARCH 3, 2014**

Attached is a letter from Dr. Lito T. Ancheta, President/Training Director, National Association of Physical Education, informing the field of the **2014 National Congress and Training on Physical Education, Health, Music, Art, Dance, and Sports** on April 21-23, 2014, Monday-Wednesday at Ninoy Aquino Stadium Rizal Memorial Sports Complex, P. Ocampo (Vito Cruz) St., Malate, Manila.

For more details, refer to the attached communication.

For the information and guidance of all concerned.

*C. T. Dulangon*  
CARMELITA T. DULANGON  
Director III  
Officer-in-Charge

Regional Director's Office: Tel. nos.: (032) 231-1433; 231-1309; Telefax 414-7399; 414-7325; Asst. Regional Director's Office Telefax: (032) 255-4542;  
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Training and Development Division: (032) 255-5239 loc. 112; Planning, Policy and Research Division: (032) 233-9030; 414-7065;  
Administrative Division: (032) 414-7326; 255-1313; 414-7366 414-4367; Budget and Finance Division: (032) 256-2375; 253-8061; 414-7321  
Website: <http://www.depedro7.com.ph>

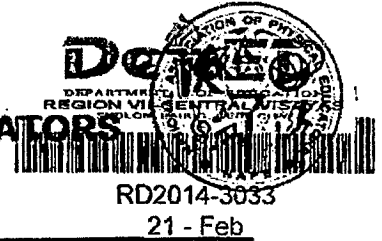
*" EFG 2015: Kurapaton ug Lahat, Pansinagaton ug Lahat "*



**A.T. ANCHETA ENTERPRISES**

**NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS**

54 National Road, Muntinlupa City  
Mobile Number: 09294607896/09154033363  
Email: drlitoancheta1234@yahoo.com



RD2014-3033  
21 - Feb

For : **DR. CARMELITA T. DULANGON, Director 111**  
Regional Director  
Department of Education  
Regional Office No. V11

From : **DR. LITO T. ANCHETA**  
President/Training Director  
National Association of Physical Education

Subject : As Stated

Date : February 12, 2014

Warm Greetings!

In line with the advocacy of A.T. Ancheta Enterprises in cooperation with the National Association of Physical Educators and Department of Education, there will be a **2014 National Congress and Training on Physical Education, Health, Music, Art, Dance and Sports** on April 21-23, 2014 Monday-Wednesday at Ninoy Aquino Stadium Rizal Memorial Sports Complex, P. Ocampo (Vito Cruz) St., Malate, Manila.

Registration fee of One Thousand Five Hundred Pesos (Php 1,500.00) shall be charged in each participant to defray souvenir T-shirt, kit, certificate, professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity can be charged against MOOE and other local funds with proper accounting and auditing rules and regulations.

Participants to this activity are PE professors/instructors, Principals/School Head, MSEP/MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiasts.

This is open to all interested teachers.

Further, may I ask your generous support to please endorse this national congress and training to all division offices within Region VII (Central Visayas) for the concerned participants to attend this fruitful activity.

Attached please see the letter addressed to Asec Lorna D. Dino, Asec for Programs and Projects (DepEd) DepEd Advisory No. 54, s.2014, training's schedule of activities and list of the resource speakers.

For reservation, please contact 09294607896/09154033363.

Thank you so much and may God bless you and your loved ones.



# A.T. ANCHETA ENTERPRISES

## NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

54 National Road, Muntinlupa City  
Mobile Number: 09294607896/09154033363  
Email: [drizzoancheta23@yahoo.com](mailto:drizzoancheta23@yahoo.com)



January 13, 2014

Asec. LORNA D. DINO  
Programs and Projects  
Department of Education

Dear Asec. Dino,

In line with the advocacy of A.T. Ancheta Enterprises in cooperation with National Association of Physical Educators (NAPE) may I ask permission to conduct a **Live-out National Congress and Training on Physical Education, Health, Music, Art, Dance and Sports** with the following venues and dates:

February 21 - 22, 2014, Palawan National School (Abueg Gym) Puerto Princesa City.

March 7 - 9, 2014, Iloilo National School, La Paz, Iloilo City.

April 11 - 13, 2014, Ninoy Aquino Stadium, Rizal Memorial Sports Complex,  
P. Ocampo St., Manila.

The congress training is an opportunity to:

**participate** in professional discussions on varied issues which concern Musika, Singing, Edukasyong Pampalakasan (MSEP), Music, Arts, Physical Education and Health (MAPEH) subjects;

**converge** the educators and teachers who are teaching MSEP/MAPEH subjects throughout the country to forge and create partnership and wide network of PE in order to strengthen the advocacy for a supporting culture that enables and values the full involvement of physical educators to achieve empowerment;

**share** with each other their experiences, information and expertise to further achieve development of the said training and workshop and;

**establish** a solid and united organization of physical educators or a confederation of various activities.

Registration fee of One Thousand Five Hundred Pesos (Php 1,500) shall be charged in each participant to defray snacks, kit, certificate, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity may be charged against school's MOOE or local fund subject to usual accounting and auditing rules and regulations.

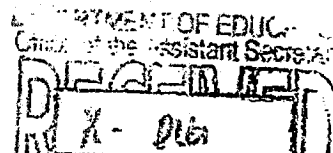
Participants to this activity are PE professors/instructors, MSEP/MAPEH Supervisors/coordinators, Principals/school heads, MSEP/MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches and sports enthusiasts. This is open to all interested teachers.

Further, may I request from your generous support to please endorse this activity for the interested participants to join this fruitful training.

Thank you so much and may God bless you and your loved ones.

Truly yours

  
**DR. LITO T. ANCHETA**  
Training Director



In compliance with DepEd Order No. 8, s. 2013  
 this advisory is issued for the information of DepEd officials,  
 personnel/staff, as well as the concerned public.  
 (Visit [www.deped.gov.ph](http://www.deped.gov.ph))

**NATIONAL CONGRESS AND TRAINING ON PHYSICAL EDUCATION, HEALTH,  
 MUSIC, ART, DANCE AND SPORTS**

The National Association of Physical Educators (NAPE) will conduct a live-out *National Congress and Training on Physical Education, Health, Music, Art, Dance and Sports* on the following dates and venues:

Date	Venue
February 21-22, 2014	Abueg Gym, Palawan National School Puerto Princesa City (Luzon)
March 7-9, 2014	Iloilo National School, La Paz, Iloilo City (Visayas)
<del>April 21-23, 2014</del>	Ninoy Aquino Stadium, Rizal Memorial Sports Complex, P. Ocampo St., Manila (NCR)
May 8-10, 2014	Autonomous Region in Muslim Mindanao (ARMM), Marawi City (Mindanao)

The Congress and Training aim to:

1. allow the participants to participate in professional discussion on varied issues and training, which concerns Physical Education (PE) in the country;
2. converge with physical educators and other teachers of subject areas like Music, Arts, Sports, and Dance throughout the country and partnership and wide networks of physical educators;
3. share experience, information, and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training; and
4. establish a solid and united organization of physical educators or a confederation of various activities.

The target participants to this activity are PE professors/instructors, *Musika, Sining at Edukasyong Pampalakasan (MSEP)/Music, Arts, Physical Education and Health (MAPEH)* supervisors/coordinators, principals/school heads, MSEP/MAPEH teachers, Culture and Arts coordinators, choreographers, coaches, and sports enthusiasts from both public and private schools. This is also open to all interested teachers.

Participation from both public and private schools shall be subject to the *no-disruption-of-classes policy* as stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be acquired from:

Dr. Lito T. Ancheta  
 CEO, A.T. Ancheta Enterprises, Training Director and President  
 National Association of Physical Educators (NAPE)  
 54 National Road, Muntinlupa City  
 Mobile Phone Nos.: 0929-460-7896; 0915-403-3363  
 Email Address: [driitoancheta1234@yahoo.com](mailto:driitoancheta1234@yahoo.com)

## SCHEDULE OF ACTIVITIES

### Day - 1

#### Morning Session

- 6:00 - 8:00 : General Registration  
8:00 - 9:00 : Opening Ceremony  
9:00 - 9:30 : Break  
9:30 - 10:30 : Lecture: "Physical Education and the School Administrators"  
10:30 - 12:30 : Lecture: "School Based Strategic Management" &  
"Global Teaching: What Does It Take To Be A Global Teacher"  
12:30 - 1:30 : Lunch Break

#### Afternoon Session

- 1:30 - 6:00 : "Basic Choreography"  
(3:40 - 4:00 pm break)

### Day - 2

#### Morning Session

- 7:00 - 8:00 : "Dance Aerobics/Physical Fitness and Wellness"  
8:00 - 12:00 : Lecture with application: "Stress Management" & Common  
Injuries of Athletes in Sports"  
(9:00-9:20 am break)  
12:00 - 1:00 : Lunch Break

#### Afternoon Session

- 1:00 - 6:00 : Lecture with application: "Philippine/Asian Music"  
"Basic Conducting & Kodaly Approach to Music Education"  
(3:00-3:20 pm break)

### Day - 3

#### Morning Session

- 7:30 - 12:30 : Health Education  
Lecture: "AIDS/HIV", "Gender and Development (GAD)"  
"Human Trafficking" (video presentation)  
(note 9:00 - 9:20 am break)

#### Afternoon Session

- 1:00 - 5:00 : Art Education: "Maskara Making", "Rangoli Art &  
Batik Printing" with video presentation  
5:00 - onwards : Closing Ceremony  
**HOME SWEET HOME**

## THE LECTURERS/RESOURCE SPEAKERS

1. **Prof. Salome S. Corpuz** : **Writer, Special Program for Sports  
Easy & Affordable Secondary Educ. Program  
Understanding by Design: An Approach  
K – 12 Grade 7, 8 & Open High School Curr.  
Expert in Humanities (Audio Visual Education)**
2. **Dr. Drolly P. Claravall** : **Sport Psychologist/PATAFA Reg'l Dir., Region 11  
Strength and Conditioning Coach**
3. **Dr. Ernesto Sanchez** : **Music Specialist & Lecturer Local/Int'l Level**
4. **Prof. Romnick F. David** : **Music Specialist & Lecturer Local/Int'l Level**
5. **Dr. Lito T. Ancheta** : **Sport Psychologist/Dance Specialist/Artistic  
Director & Choreographer**
6. **Dr. Alfonso R. Simon** : **Executive Officer, Isabela State University, Ilagan City  
Management Specialist, Lecturer Local and Int'l Level.**
7. **Prof. Renzie B. Perion** : **Sports Science Specialist  
Strength and Conditioning Coach**