



April 1, 2014

DIVISION MEMORANDUM
No. 159, s. 2014

**LIVE-OUT SEMINAR-WORKSHOP ON GAD WITH FOCUS ON STRESS MANAGEMENT,
MEDIA EDUCATION AND COMMUNICATION ARTS**

**To: Assistant Superintendent/OIC
Division Supervisors/Coordinators
District Supervisors/OICs
Elementary and Secondary School Heads**

1. This Office announces the conduct of a **Live-Out Seminar-Workshop on GAD with Focus on Stress Management, Media Education and Communication Arts** on April 7-8, 2014 at Consolacion National High School and Consolacion Central School, Consolacion, Cebu.
2. Please refer to the attached list of participants.
3. Considering the importance of this activity, this Office directs all the personnel involved to take into account the needed preparation to ensure 100% attendance.
4. The registration fee of **One Thousand Five Hundred Ten Pesos (Php 1, 510.00)** per participant for training fee, training kits, meals and snacks shall be chargeable against **Division GAD Funds**, while travel and other expenses relative to the conduct of this activity shall be chargeable against **local school/SEF/MOOE/PTA Funds**, subject to the existing accounting and auditing rules and procedures.
5. This Memorandum serves as participants' Authority to Travel.
6. Immediate dissemination of the contents of this Memorandum is desired.

ARDEN D. MONISIT, Ed.D.
Schools Division Superintendent

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**Live-Out Seminar-Workshop on GAD with Focus on Stress Management
Media Education and Communication Arts
April 7-8, 2014**

Venue: Consolacion Central School

No.	Name	School	District
1	Sayson, Jimmycita	Tugbongan ES	Consolacion
2	Cabasag, Maricel	Tugbongan ES	Consolacion
3	Cuyos, Mary Grace	Tugbongan ES	Consolacion
4	Narte, Merlyn	Tugbongan ES	Consolacion
5	Casul, Crisal Mae	Tugbongan ES	Consolacion
6	Letracion, J-Ann Mae	Consolacion CES	Consolacion
7	Quinque, Gena	Consolacion CES	Consolacion
8	Sasing, Kenneth	Consolacion CES	Consolacion
9	Gelig, Ramie	Consolacion CES	Consolacion
10	Rojas, Roxanne	Consolacion CES	Consolacion
11	Quimque, Gemmatyn	Consolacion CES	Consolacion
12	Cartagena, Vanessa	Consolacion CES	Consolacion
13	Semblante, Ellaine	Consolacion CES	Consolacion
14	Alino, Guillerma	Consolacion CES	Consolacion
15	Garcia, Nancy	Consolacion CES	Consolacion
16	Orillanida, Ega	Consolacion CES	Consolacion
17	Pogoy, Gelly	Consolacion CES	Consolacion
18	Soco, Maricris	Cansaga ES	Consolacion
19	Neri, Jeneve	Cansaga ES	Consolacion
20	Reserva, Daisy	Cansaga ES	Consolacion
21	Piape, Ricardito	Jugan ES	Consolacion
22	Enario, Norman	Jugan ES	Consolacion
23	Samson, Restrellita	Jugan ES	Consolacion
24	Encenzo, Alma	Jugan ES	Consolacion
25	Petalcurin, Cecil	Jugan ES	Consolacion
26	Matu-an, Molinda	Jugan ES	Consolacion
27	Rojas, Lorelie	Jugan ES	Consolacion
28	Hernandez, Rosevelita	Polog ES	Consolacion
29	Cantano, Jemvelyn	Polog ES	Consolacion
30	Wincelao, Miraflor M.	Polog ES	Consolacion
31	Alemania, Karen	Nangka ES	Consolacion
32	Degamo, Evelyn	Nangka ES	Consolacion
33	Tano, Riza	Nangka ES	Consolacion
34	Cabilan, Flourdelineza	Nangka ES	Consolacion
35	Alicaway, Annalou Ruth	Nangka ES	Consolacion
36	Remonde, Elisa	Nangka ES	Consolacion
37	Chiong, Hannah Ethel	Casili ES	Consolacion
38	Labanza, Pearl Joy	Cabangahan ES	Consolacion
39	Oquias, Mercedita	Cabangahan ES	Consolacion

Venue: Consolacion Central School

No.	Name	School	District
40	Leyson, Iris Leda	Cabangahan ES	Consolacion
41	Ibale, Maricho S.	Tayud ES	Consolacion
42	Selim, Jocelyn V.	Tayud ES	Consolacion
43	Sanchez, Daylyn D.	Tayud ES	Consolacion
44	Dano, Geraldine S.	Tayud ES	Consolacion
45	Gonzales, Liezle T.	Tayud ES	Consolacion
46	Patlingrao, Jeniffer S.	Tayud ES	Consolacion
47	Marinas, Aileen M	Tayud ES	Consolacion
48	Garbo, Rhea M.	Tayud ES	Consolacion
49	Lauron, Claire	Tayud ES	Consolacion
50	Sugarol, Jennifer J.	Tayud ES	Consolacion
51	Mamungay, Desiree A.	Tayud ES	Consolacion
52	Taboada, Jashua B.	Tayud ES	Consolacion
53	Maglasang, Angeli S.	Tayud ES	Consolacion
54	Tan, Florida D.	Tayud ES	Consolacion
55	Infortuna, Charrisse G.	Tayud ES	Consolacion
56	Alivio, Michelle A.	Garing ES	Consolacion
57	Pansacala, Ermilinda G.	Panoypoy ES	Consolacion
58	Cabeza, Charisse M.	Sacsac ES	Consolacion
59	Madelo, Alma P.	Lanipga ES	Consolacion
60	Sanchez, Hazel L.	Lanipga ES	Consolacion
61	Sambilad, Caroline J.	Moalboal Central ES	Moalboal
62	Er-er, Maria Leonora	Moalboal Central ES	Moalboal
63	Cabaron, Ester Sonia	Moalboal Central ES	Moalboal
64	Golez, Irene	Moalboal Central ES	Moalboal
65	Baga, Felipe	Moalboal Central ES	Moalboal
66	Incipido, Ruth	Bala NHS	Moalboal
67	Domosmog, Jocris	Bala NHS	Moalboal
68	Ramirez, Isabelo Jr.	Bala NHS	Moalboal
69	Padilla, Linycris	Bala NHS	Moalboal
70	Cutillar, Mickel	Bala NHS	Moalboal
71	Sabandal, Maricel R.	Moalboal NHS	Moalboal
72	Eramis, Charmain Joy	Moalboal NHS	Moalboal
73	Dionaldo, Almira	Moalboal NHS	Moalboal
74	Redido, Geovanni	Moalboal NHS	Moalboal
75	Golbin, Robelyn	Moalboal NHS	Moalboal
76	Culpable, May Cherrybee	Moalboal NHS	Moalboal
77	Verano, Lutchen R.	Rosario NHS	Aloguinsan
78	Lanojan, Jane Kris Y.	Rosario NHS	Aloguinsan

Venue: Consolacion Central School, Consolacion, Cebu

No.	Name	School	District
79	Vito, Junel L.	Rosario NHS	Aloguinsan
80	Burgos, Edralyn P.	Aloguinsan NHS	Aloguinsan
81	Dimol, Candelario O.	Aloguinsan NHS	Aloguinsan
82	Eleccion, Aiza T.	Aloguinsan NHS	Aloguinsan
83	Lim, Riza May B.	Aloguinsan NHS	Aloguinsan
84	Verano, Jacinta B.	Aloguinsan NHS	Aloguinsan
85	Sorro, Christie Fe		Pinamungajan 1
86	Villanueva, Diadema		Pinamungajan 1
87	Castel, Kirin		Pinamungajan 1
88	Quisido, Margie		Pinamungajan 1
89	Pono, Jingle Marie		Pinamungajan 1
90	Magtagad, Abegail		Pinamungajan 1
91	Pono, Kris		Pinamungajan 1
92	Martinez, Jovelle		Pinamungajan 1
93	Duot, Dexon		Pinamungajan 1
94	Berame, Flora		Pinamungajan 1
95	Baricuatro, Jessryl		Pinamungajan 1
96	Dayon, Maria Cleofe		Pinamungajan 1
97	Aballe, Antonette		Pinamungajan 1
98	Abajo, Apple Mae	Sac-Sac Primary School	Aloguinsan
99	Canencia, Anna Fe	Tuyokan Primary School	Aloguinsan
100	Brigoli, Amor Lorraine	Tampa-an ES	Aloguinsan
101	Orandoy, Alma Flor	Punay ES	Aloguinsan
102	Brigoli, Bryan	Angilan ES	Aloguinsan
103	Patatag, Masarotche	Bonbon ES	Aloguinsan
104	Yabo, Ricky	Tungkop NHS	Minglanilla
105	Suarez, Roxanne	Tungkop NHS	Minglanilla
106	Bancal, Erville	Tungkop NHS	Minglanilla
107	Basio, Karen Michelle	Tungkop NHS	Minglanilla
108	Vitor, Eden Y.	Tungkop NHS	Minglanilla
109	Camajalan, Ilien	Tungkop NHS	Minglanilla
110	Edano, Earl	Colonia ES	Tuburan II
111	Cosip, Mirafior	Colonia ES	Tuburan II
112	Maano, Elizabeth	Colonia ES	Tuburan II
113	Condiman, Teofilo	Colonia ES	Tuburan II
114	Pugoy, Geraldine	Colonia ES	Tuburan II
115	Flores, Teresa G.		Minglanilla 1
116	Arnol, Nancy L.		Minglanilla 1
117	Selin, Leah Mae S.		Minglanilla 1
118	Racoma, Joanne M		Minglanilla 1
119	Sanchez, Ave arie Startlight		Minglanilla 1
120	Aranas, Mary Jean A.		Minglanilla 1
121	Campo, Ann Kemberly C.		Minglanilla 1
122	Gimena, Shayne Mae V.		Minglanilla 1
123	Nacario, Marie Mylene		Minglanilla 1

Venue: Consolacion Central School

No.	Name	School	District
124	Salim, Hiedy V.		Minglanilla 1
125	Arador, Ana Marie A.		Minglanilla 1
126	Amante, Jovelyn P.		Minglanilla 1
127	Alfante, Maryjean C.		Minglanilla 1
128	Juson, Jiji Rose B.		Minglanilla 1
129	Tabat, Jobelle D.		Minglanilla 1
130	Manacap, Ruby D.		Minglanilla 1
131	Algura, Mariafe S.		Minglanilla 1
132	Dumdum, Marissa P.		Minglanilla 1
133	Alidon, Jennifer R.		Minglanilla 1
134	Aleonor, Loiella C.		Minglanilla 1
135	Magdogo, Alford G.		Minglanilla 1
136	Siarot, Bernardo J.		Minglanilla 1
137	Sumabal, Razel D.		Minglanilla 1
138	Abatayo, Patricia Lyn S.		Minglanilla 1
139	Lavapie, Cherie Jean S.		Minglanilla 1
140	Lacida, Angelie Marie V.		Minglanilla 1
141	Alberca, Vanessa A.		Minglanilla 1
142	Lawas, Rejane N.		Minglanilla 1
143	Catipay, Christine M.,.		Minglanilla 1
144	Alferez, Gina A.		Minglanilla 1
145	Cabillar, Christelyn A.		Minglanilla 1
146	Coca, Robelyn P.		Minglanilla 1
147	Tabucal, Dersemay C.		Minglanilla 1
148	Amarillo, Joan P.		Minglanilla 1
149	Dacal, Lyn M.		Minglanilla 1
150	Deniga, Jennife B.		Minglanilla 1
151	Alimento, Ann Carmel G.		Minglanilla 1
152	Caballero, Hilda G.		Minglanilla 1
153	Lesigon, Nardita B.		Minglanilla 1
154	Ledesma, Jociel L.		Minglanilla 1
155	Perez, Jane B.		Minglanilla 1
156	Bucag, Maricel O.		Minglanilla 1
157	Quiamco, Marcela B.		Minglanilla 1
158	Sumaba, Rosswel D.		Minglanilla 1
159	Unabia, Jeannyf G.		Minglanilla 1
160	Alfante, Grace Amor B.		Minglanilla 1
161	Vasquez, Krisanta Visset		Minglanilla 1
162	Llanos, Maria Brenda A.		Minglanilla 1
163	Alcansado, Divina		Minglanilla 1
164	Montes, Mary Ann		Minglanilla 1
165	Satorre, Analie E.		Minglanilla 1
166	Ciocon, Madeline D.		Minglanilla 1
167	Lentic, Lovely Jane R.		Minglanilla 1
168	Awa-ao, Alex I.	Salamanca NHS	Ginatlan

Venue: Consolacion Central School

No.	Name	School	District
169	Jomud, Nelly D.	Guiwanon NHS	Ginatilan
170	Mascardo, Ma. Jisselle	Guiwanon NHS	Ginatilan
171	Matas, Rosalie J.	Salamanca NHS	Ginatilan
172	Singco, Teresa G.	Salamanca NHS	Ginatilan
173	Awa-ao, Maridee O.	Ginatilan ES	Ginatilan
174	Cadungog, Noel P.	Ginatilan ES	Ginatilan
175	Lano, Elbe S.	Ginatilan ES	Ginatilan
176	Lomogon, Helen O.	Ginatilan ES	Ginatilan
177	Omaña, Eleah Jale D.	Ginatilan ES	Ginatilan
178	Untal, Madel F.	Ginatilan ES	Ginatilan

Venue: Consolacion National High School

No.	Name	School	District
1	Sucalit, Moises	Catmon IS	Catmon
2	Ayeng, Zenda	Catmon IS	Catmon
3	Colipano, Gideon	Ceferino Sususco	Catmon
4	Tibay, Charisse	Catmon IS	Catmon
5	Estor, Maria Cheriluna	Catmon IS	Catmon
6	Buntoyan, Adelyn	Catmon IS	Catmon
7	Yungco, Merijel	Tinabyonan NHS	Catmon
8	Mancelita, Weindely	Lipata CS	Minglanilla II
9	Alivio, Maria Jiza	Lipata CS	Minglanilla II
10	Hermosora, Gimlie	Lipata CS	Minglanilla II
11	Obeso, Teresita Susana	Lipata CS	Minglanilla II
12	Panique, Ralph Anthony	Lipata CS	Minglanilla II
13	Soco, Lovellyn	Lipata CS	Minglanilla II
14	Daffon, Evelyn M.	Lipata CS	Minglanilla II
15	Belarmino, Arcel P.	Lipata CS	Minglanilla II
16	Cailing, Annie S.	Lipata CS	Minglanilla II
17	Hermosora, Ranilee P.	Lipata CS	Minglanilla II
18	Gulay, Lady Lou M.	Lipata CS	Minglanilla II
19	Regidor, Ivy V	Tubod ES	Minglanilla II
20	Villaver, Leah G.	Tubod ES	Minglanilla II
21	Montalla, Veberlyn	Tungkil ES	Minglanilla II
22	Nuyad, Faith Mae	Manduang ES	Minglanilla II
23	Abaquita, Reeken Segreed	Camp 7 ES	Minglanilla II
24	Sarmiento, Guadalupe	Camp 7 ES	Minglanilla II
25	Rio, Melchor	Camp 7 ES	Minglanilla II
26	Cabaluna, Mildred	Samboan NHS	Samboan
27	Carillo, Evelyn	Samboan NHS	Samboan
28	Cebrian, June Gerard	Samboan NHS	Samboan
29	Fernandez, Arlie	Samboan NHS	Samboan
30	Fernandez, Mariles	Samboan NHS	Samboan
31	Gerzon, Marisa	Samboan NHS	Samboan
32	Gerzon, Ellen Rae	Samboan NHS	Samboan

Venue: Consolacion National High School

No.	Name	School	District
33	Malasarti, Pechena	Samboan NHS	Samboan
34	Nellas, Lorna	Samboan NHS	Samboan
35	Sarno, Avelina	Samboan NHS	Samboan
36	Sasan, Narciso Jr.,	Samboan NHS	Samboan
37	Catipay, Ardelyn	Pedro B. Uy Calderon MNHS	Samboan
38	Rocamora, Clarissa	Pedro B. Uy Calderon MNHS	Samboan
39	Ubas, Therence	Pedro B. Uy Calderon MNHS	Samboan
40	Inoferio, Analy	San Sebastian NHS	Samboan
41	Dalumpines, Hedelisa	San Sebastian NHS	Samboan
42	Gerzon, Elizabeth	San Sebastian NHS	Samboan
43	Bilonoac, Mercedita	Samboan CES	Samboan
44	Lisondra, Alma	Samboan CES	Samboan
45	Fernandez, Austrid	Samboan CES	Samboan
46	Aninon, Rosita	Samboan CES	Samboan
47	Angara, Helen	Samboan CES	Samboan
48	Buenaflo, Suzette	Samboan CES	Samboan
49	Pantajo, Gelyn	Samboan CES	Samboan
50	Angcon, Lilian	Samboan CES	Samboan
51	Olmilla, Geraldine	Samboan CES	Samboan
52	Moral, Felisa	Samboan CES	Samboan
53	Moral, Victor	Samboan CES	Samboan
54	Belongilot, Arnulfo	Samboan CES	Samboan
55	Bantaya, Jeanette F.	Jumangpas ES	Samboan
56	Belangoy, Leonie D.	Jumangpas ES	Samboan
57	Obcial, Bernardita C.	San Sebastian NHS	Samboan
58	Ubas, Maricel A.	Canorong ES	Samboan
59	Longcob, Jeralyn B.	Basak ES	Samboan
60	Noel, Antonieta	Dalahikan ES	Samboan
61	Rodriguez, Maria Grace	Tangho ES	Samboan
62	Bilocura, Sandra A.	Tangho ES	Samboan
63	Cabuenas, Mercy C.	Cambigong ES	Samboan
64	Catipay, Jelvin N.	Cambigong ES	Samboan
65	Ferrolino, Megie L.	Colase ES	Samboan
66	Rocamora, Rolan	Kalatagan ES	Samboan
67	Suerte, Ma. Katrina	Bitoon National Voc HS	Dumanjug
68	Anglit, Michelle	Bitoon National Voc HS	Dumanjug
69	Walog, Severa	Bitoon National Voc HS	Dumanjug
70	Baya, Marichu	Bitoon National Voc HS	Dumanjug
71	Goopio, Jovelyn	Bitoon National Voc HS	Dumanjug
72	Tano, Lovimie	Bitoon National Voc HS	Dumanjug
73	Montemayor, Ma. Adela	Bitoon National Voc HS	Dumanjug
74	Patoc, Elizabeth	Bitoon National Voc HS	Dumanjug
75	Ramirez, Joebert	Bitoon National Voc HS	Dumanjug
76	Saromines, Renil	Cogon NHS	Dumanjug
77	Reoma, Marcel	Cogon NHS	Dumanjug

Venue: Consolacion National High School

No.	Name	School	District
78	Manulat, Renilda	Cogon NHS	Dumanjug
79	Ewikan, Ingrid	Bulak NHS	Dumanjug
80	Tek-ing, Celedonio	Bulak NHS	Dumanjug
81	Penosa, Gretel	Hipolito Boquecosa MNHS	Dumanjug
82	Tamayo, Maricel B.		Malabuyoc
83	Manlunas, Marie Shyr		Malabuyoc
84	Cardente, Maribel		Malabuyoc
85	Valenzona, Jasmin		Malabuyoc
86	Cardines, Mannilyn	Mahanlud NHS	Malabuyoc
87	Teofilo, Debra Mae C.	Sorsogon NHS	Malabuyoc
88	Macaambac, Geselle A.	Montaneza NHS	Malabuyoc
89	Monsanto, Judelee C.	Sorsogon NHS	Malabuyoc
90	Alcain, Glenmer	Cansuje ES	Argao 1
91	Banuel, Florencia	Canbantog ES	Argao 1
92	Herauda, Clavel	Canbantog ES	Argao 1
93	Caminero, Shiela	Canbantog ES	Argao 1
94	Jangalay, Glenda	Canbantog ES	Argao 1
95	Arañas, Jessica	Conalum ES	Argao 1
96	Empenado, Jennifer	Conalum ES	Argao 1
97	Camerino, Michelle Dawn	Tiguib ES	Argao 1
98	Alcosero, Francisca	Tiguib ES	Argao 1
99	Banusong, Michelle	Lapay ES	Argao 1
100	Abregana, Jerome	Bug-ot ES	Argao 1
101	Asejo, Rosalie	Candulonon PS	Argao 1
102	Sardual, Ferwin	Balisong-Casay ES	Argao 1
103	Pangpang, Zindy	Langtad ES	Argao 1
104	Familgan, Jonavel	Dalas-ag	Argao 1
105	Aragon, Mary Grace	Alcoy NHS	Alcoy
106	APOSTOL, Juliet Ann		Badian
107	MILLAN, Jessie		Badian
108	MANSUETO, Renerio Jr.		Badian
109	GRAMATICA, Lester		Badian
110	VALLAR, Leonida		Badian
111	PATRIARCA, Honeylet Michelle		Badian
112	MALA-AY, Chancel		Badian
113	LAGARAS, Clarissa		Badian
114	QUILESTINO, Ana Liza		Badian
115	GORGONIO, Cristina		Badian
116	TABAÑAG, Rollynda Ruth		Badian
117	BELARMINO, Daphne		Badian
118	SANCHEZ, Fraya Mae		Badian
119	IWAY, Jean Ann		Badian
120	CABANTUGAN, Manolito		Badian
121	KAGAKIT, Gilbert		Badian
122	EWICAN, Anselma		Badian

Venue: Consolacion National High School

No.	Name	School	District
123	MORENO, Rogelia		Badian
124	ESTRERA, Jerameel		Badian
125	ANDULANA, Jonathan		Badian
126	QUIRANTE, Maricel		Badian
127	Cortez, Darryl Mae B.		Santander
128	Babiera, Wella Mae		Santander
129	Amate, Anna Riza N.		Balamban
130	Arandunque, Paul Ian M		Balamban
131	Benignos, Leanne Lyn L.		Balamban
132	Brabante, Chenizza M.		Balamban
133	Buenafflor, Antonio L.		Balamban
134	Camahalan, Ma. Rizelda P.		Balamban
135	Capaning, Marites N.		Balamban
136	Catayas, Janelle R.		Balamban
137	Cortes, Kim M.		Balamban
138	Dumdum, Jonater S.		Balamban
139	Endino, Crisdee T.		Balamban
140	Espinosa, Irma S.		Balamban
141	Ferrolino, Lorraine Mae M.		Balamban
142	Gorecho, Malou M.		Balamban
143	Guinaling, Pachica L.		Balamban
144	Guinaling, January M.		Balamban
145	Limpio, Farra S.		Balamban
146	Loyao, Marsha Ayla T.		Balamban
147	Mante, Carl Vincent		Balamban
148	Margaja, Alnar B.		Balamban
149	Milan, Rangel V.		Balamban
150	Monteras, Dominador T.		Balamban
151	Navarro, Annalee L.		Balamban
152	Pastoriza, Rolando Jr.		Balamban
153	Pulmano, Suzette L.		Balamban
154	Regudo, Anilin B.		Balamban
155	Ripdos, Regie C.		Balamban
156	Rojas, Roqueza L.		Balamban
157	Roseque, Merly T.		Balamban
158	Sugarol, Vardo L.		Balamban
159	Sugarol, Vitro L.		Balamban
160	Sumalo, Mary Ann D.		Balamban
161	Tampus, Lolita M.		Balamban
162	Timbalaco, Marivic P.		Balamban
163	Tribunalo, Zocelyn M.		Balamban
164	Tuburan, Glendel P.		Balamban
165	Verano, Zarah Rhodora E.		Balamban
166	Villasante, Jornalyn A.		Balamban
167	Ypil, Gregorio P.		Balamban

Venue: Consolacion National High School

No.	Name	School	District
168	Ybanez, Jephunneh		Medellin
169	Labrada, Aimee		Medellin
170	Hortizuela, Alma P.	Libaong ES	San Remigio II
171	Molina, Marilyn D	Catmon IS	Catmon
172	Luardo, Baltazar Jr. D.	Catmon IS	Catmon
173	Pocong, Maria Magdalena IV	Amancion PS	Catmon
174	Sususco, Janette M.	Basak ES	Catmon
175	Pupa, Ila Maria J.	Binongkalan ES	Catmon
176	Bolando, Rutchel J.	Duyan ES	Catmon
177	Coloscoc, Ritchele C.	Panalipan ES	Catmon
178	Sucalit, Saturnino C.	Panalipan ES	Catmon
179	Baron, Helen B.	Tabili ES	Catmon